

# Workshop WASH & Nutrition

14 January, The Hague

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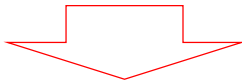
# How does the Red Cross and Red Crescent (RCRC) Movement work?

ARMED CONFLICT

DISASTER



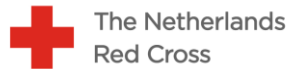
International Committee of the Red Cross



lead agency **conflict** area



191 National Red Cross and Red Crescent Societies



International Federation of Red Cross and Red Crescent Societies



lead agency in **disaster** areas

17 million volunteers  
80 million members  
7 fundamental principles



# Netherlands Red Cross – key figures

- Founded in 1867
- 750.000 members, 21.000 volunteers, 39.000 Ready2Helpers
- 25 districts, 216 branches; in total 384 staff
- 2017 budget: 116mln – 59% for international assistance

Strategy for International Assistance focuses on two main areas:

1. Disaster response
2. community resilience through partnerships

- Thematic focus: WASH, Health, livelihoods (incl cash), DRR and protection
- Example of water-related projects: DSS Water, Partners for Resilience, PPP's

# How does RC/RC movement works on WASH & Nut?

WASH & Nutrition programming (also within RC/RC movement) is complex - works across three continua of care:

1. the **resilience** continuum from preparedness to relief, recovery and development;
2. the **lifespan** continuum from birth to death;
3. and the **healthcare** continuum from the individual to the household to the community to all levels of the formal and informal health system.



# How does RC/RC movement works on WASH & Nut?

Some examples:

- Ensuring a WASH component in all nutrition programmes
- Prioritizing WASH programmes in areas with high malnutrition
- Prioritizing WASH in schools programmes where WFP includes (wet) feeding programmes
- Ensure minimum WASH package in feeding centres / health facilities
- Ensure hygiene and safe water at households with malnourished children



# WASH & Nutrition forum in Paris

INTERNATIONAL



FEDERATION

- 27-29 November 2017, Paris
- Organised by French Red Cross and IFRC
- 2 day forum with external participants (ACF, Unicef, Johns Hopkins, IFPRI, Concern, London SHTM, AFD, EAWAG, USAID, GTO)
- 1 day RC/RC internal working session with participation of 17 Nat'l Societies incl Chad, Ivory Coast, Mali, Niger and Zambia



# WASH & Nutrition forum in Paris

INTERNATIONAL



FEDERATION

## Discussion & insights:

- Still a lot of unknowns about behaviour change (handwashing, sanitation, food handling, feeding practices)
- For WASH-Nutrition & child health care prevention: give clean play area for the toddler more importance (infection/transmission & acute diarrhoeal diseases)
- Larger RCTs (Sunshine study and others): limited evidence for sanitation reducing undernutrition. High costs.
- More collaboration needed for WASH and Health projects where nutrition is focal area.

MoU signed between ACF and IFRC: closer collaboration e.g. e-learning modules, operational research



Rode  
Kruis

**croix-rouge** française  
PARTOUT OÙ VOUS AVEZ BESOIN DE NOUS





# WASH & Nutrition forum in Paris

## WASH & Nutrition strategic directions for the RC/RC movement:

- *Training & guidance (e.g. E-learning)*
- *External coordination*
- *Strategic leadership*
- *Building on existing capacities*
- *Integrated programming for public health*
- *Impact delivery*

→ *Prioritized around impact & feasibility*





# Key lessons for successful integration

*Adapted from BabyWASH Programme Guidance Document*

- Start small
- Utilise internal champions
- Build consortia with expert organisations and make use of existing platforms (ACF, Unicef, SUN, SuSanA)
- Focus on strengthening evidence base
- Connect to integrated government frameworks

# Key lessons for successful integration

- Make the linkages between health outcomes
- Frame integration around the needs of a child
- Insist on face-to-face meetings between sectors
- Utilise gender empowerment and community mobilisation as key cross-cutting themes
- View integration as a means for capacity building



# Increasing levels of multi-sectoral integration



## **SYNERGY**

occurs when the combined effect of interventions is significantly greater than the sum of the effects of their separate parts. Interventions are designed not only to complete each other, but also to interact amongst themselves to maximize their nutritional impact.

## **COMPLEMENTARITY**

ensuring that interventions are designed to complement each other in order to act on the different determinants of undernutrition, using each intervention's added value.

## **ALIGNMENT/MAINSTREAMING NUTRITION**

ensuring that different interventions take into account nutritional issues, are aligned on a common nutritional goal and prioritize activities that have the highest potential to contribute to achieving this goal.

## **COHERENCE**

ensuring consistency and minimizing duplication of interventions, policies and strategies; in other words, making sure that one intervention does not work against another and have counterproductive effects on undernutrition.

*Source: ACF, Nutrition security policy (2014)*

# Important links

- [IFRC webpage about WASH & Nutrition \(and much more\)](#)
  - It has the agenda, speaker bios and all presentations from WASH & Nutrition forum in Paris
- [IFRC report Nutrition matters – guidance for nutrition programming \(2016\)](#)
  - Includes e.g. a Nutrition-specific evidence-based actions summary matrix
- [ACF WASH' Nutrition 2017 practical guidebook](#)
- [BabyWASH Programme Guidance Report](#)
- [Unicef/WHO - Improving nutrition outcomes with better WASH \(2015\)](#)



*Thank you!*